Water Watcher Card

A cut-out card to pass between adults at the pool, beach or lake: whoever holds it watches the water, with no phone and no other job, for 15-20 minutes.

Cut-out cards · For parents, caregivers, camps, faith communities

Scan for the web page, sources and downloads

Cut along the dashed lines. Keep one, share one.

Water Watcher Card

I'm the Water Watcher. Drowning is fast and often silent. Learn how

- [ ] Eyes on the water the whole time. No phone, reading, cooking or drinks.
- [ ] Babies, toddlers and weak swimmers: an adult within arm's reach.
- [ ] Trouble? Shout, call 911, reach or throw. Don't go in.

On duty until: ____ Next watcher: ____ (switch every 15-20 minutes)

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Sources

1. Safety Tips, Pool Safely (CPSC). https://www.poolsafely.gov/parents/safety-tips/
2. Drowning Prevention for Curious Toddlers, American Academy of Pediatrics (HealthyChildren.org). https://www.healthychildren.org/English/safety-prevention/at-play/Pages/Water-Safety-And-Young-Children.aspx
3. Preventing Drowning, CDC. https://www.cdc.gov/drowning/prevention/index.html

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