Drowning prevention is a family activity

For parents, teachers, faith communities, adults, responders, caregivers, teens, older adults

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What this infographic says

Swim lessons for parents and toddlers are a first step toward water safety.

- The AAP recommends swim lessons for all children and their parents.
- Lessons can start after a child's first birthday, depending on readiness.
- Parent-child classes are a good way to introduce water safety habits.
- Lessons never replace close, constant supervision.

Sources

1. Drowning Prevention for Curious Toddlers: What Parents Need to Know, American Academy of Pediatrics (HealthyChildren.org). https://www.healthychildren.org/English/safety-prevention/at-play/Pages/Water-Safety-And-Young-Children.aspx
2. Swim Lessons for Children: When to Start and What to Consider, American Academy of Pediatrics (HealthyChildren.org). https://www.healthychildren.org/English/safety-prevention/at-play/Pages/Swim-Lessons.aspx
3. Preventing Drowning, CDC. https://www.cdc.gov/drowning/prevention/index.html

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